

Myo-Inositol

Balances ovarian function



- Helps restore normal ovarian function in PCOS
- Helps restore ovulation and oocyte quality
- Helps normalize menstrual-cycle irregularities

**Tested in our
ISO 17025**
Accredited Laboratory



newrootsherbal.com



Myo-Inositol



Inositol (*myo*-inositol) is among the B-vitamin complex and often referenced as “vitamin B₈.” It exerts hormone-like benefits for blood-sugar regulation as well as mood-related brain signaling, and distinct benefits for those afflicted with polycystic ovarian syndrome (PCOS).

PCOS is a common cause of infertility, with symptoms including irregular menstrual frequency; not releasing an egg during menstruation (anovulation); ovarian cysts; and undesirable, systemic male-pattern hair growth.

Improved insulin receptivity for cells is among the most important benefits *myo*-inositol can deliver to alleviate PCOS. As a natural insulin sensitizer, *myo*-inositol stimulates ovarian cell growth. It’s an affordable organic compound that’s great by itself or as part of assisted reproductive therapy (ART).

myo-Inositol is also an integral component of healthy cell membranes and strengthens their resistance to oxidative stress (OS). OS is caused by excess by-products of normal oxygen metabolism, when the body’s antioxidant faculties are exceeded. Taking a *myo*-inositol supplement for patients with PCOS can safeguard the delicate process of egg-cell formation critical for fertility.

What It’s Used for...

Helps to improve ovarian function in women with oligomenorrhea and polycystic ovaries; in the management of polycystic ovarian syndrome (PCOS) by helping to restore normal ovarian function; in the management of PCOS by reducing oxidative stresses; to restore ovulation and oocyte quality, and to normalize menstrual cycle irregularities; to reduce serum testosterone in women with PCOS; in the management of PCOS’s hormonal and metabolic conditions by promoting healthy glucose metabolism. As an important component of phospholipids, *myo*-inositol can assist in regulating cellular response for healthy body functioning. Helps support healthy mood balance.

Each scoop contains:

Inositol (*myo*-inositol) 4 g
NPN 80072476 · P0003-R0

Suggested use:

Adults: Take 1 scoop added to 250 ml of water or juice, one to three times daily or as directed by your health-care practitioner. Consult a health-care practitioner for use beyond 6 weeks.

Manufactured under strict GMP (Good Manufacturing Practices).

HP2081

